All In Men Fall Meet Ups - Week 1
LIFE'S CONTRASTS

self-control / out of control
what He did / what I did
God's will / my will
love God / love self

Share introductions around the group. What brought you to AIM?

What situations do you face that make things feel out of control?

In what area of life have you wanted more self-control and why?

Read Proverbs 16:32 (NIV) - Better a patient person than a warrior, one with self-control than one who takes a city.
Why do you think patience and self control are the better way?

The list of the 'fruit of the Spirit' ends with self-control. Galatians 5:22-23 says "…the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control…"
What steps can you take to cultivate self-control?

How does Christ lead us to respond to people or circumstances where we could lose control?

Share some prayer requests and contact information if comfortable.